



Project Funded by:



What is FAIHR?

Focused
Achievements
In
Housing and
Recovery



Offering case management and wrap around services to individuals and families that are chronically homeless and veterans that are either homeless or chronically homeless in Greater Fall River



Participation Criteria

- Must be 18 or older
- Must meet HUD's definition of chronically homeless for individuals and families, and chronically homeless or homeless for veterans in Greater Fall River
- Must possess a substance abuse or co-occurring disorder



FAIHR's Housing Services



FAIHR combines services with placement into permanent supportive housing, consisting of Steppingstone's Next Step Home and Stone Residence programs and Catholic Social Services permanent housing programs, as well as local private landlords' apartments which meet HUD's Housing Quality Standards and Fair Market Rents.



Why is Project FAIHR Needed?

- On any given night during 2014 in the United States, 610,042 people were chronically homeless.
- Massachusetts ranks 4th in the U.S. for highest per capita rate of homelessness.
- Fall River's point-in-time count on 1/30/2014 estimated 322 individuals were homeless, with 9 veterans and 60 chronically homeless individuals.



Why is Project FAIHR Needed?

The homeless and chronically homeless populations:



- Have high rates of mental health and substance abuse disorders
- Have high rates of co-morbidity, especially the chronically homeless
- Are more likely to have a co-occurring disorder
- Are less likely to receive treatment



Why is Project FAIHR Needed?

The homeless and chronically homeless populations often:

- Possesses multiple physical conditions such as diabetes, HIV/AIDS, TB and heart disease
- Experiences High rates of Trauma/PTSD
- Has difficulty accessing treatment for substance abuse
- Experiences a lack of shelter, food and stable living environment



Why is Project FAIHR Needed on a Local Level?

- Fall River has experienced a significant increase in the number of homeless individuals in the past several years.
- During cold weather months, local churches have been sheltering a daily average overflow of 30 homeless individuals in their facilities.



Why is Project FAIHR Needed on a Local Level?



➤ The Fall River Mayor's Homeless Task Force has been developing a plan for several years to address this problem. A new larger homeless shelter has been acquired and will be renovated during the next year.

➤ With the majority of the shelter population possessing SUD or CODs and experiencing chronic homelessness, significant specialized assistance is needed for them to become placed and successful in housing and recovery.



Outreach Efforts

- Project FAIHR will perform outreach in Fall River's local homeless shelter, the First Step Inn, as well as the Veteran's Association of Bristol County.
- Street outreach will also occur as well as outreach at the city's local advocacy meetings, Homeless Point-in-Time Counts and within Steppingstone's residential programs.



FAIHR's Multidisciplinary Team

- 1 Part Time Project Director
- 1 Full Time Project Assistant
- 2 Full Time Integrated Care Facilitators
- 1 Full Time Peer Specialist
- Donna Caldwell, PhD., Evaluator
- Catholic Social Services Housing Program staff
- Steppingstone's Outpatient Clinic psychiatrists, substance abuse and mental health clinicians
- Steppingstone's Next Step Home, Stone Residence, First Step Inn and residential treatment program staff
- Members of FAIHR's Steering Committee



How Will FAIHR Help?

- Each homeless individual/family encountered is screened for substance abuse and mental health disorders and for compliance with HUD's chronic homeless criteria (for vets homeless or chronic homeless)
- FAIHR services begin in Steppingstone's First Step Inn homeless shelter or wherever a homeless person/family is encountered in the City.



How Will FAIHR Help?

- FAIHR integrated care facilitators and peer specialist will provide brief interventions while participants wait for supportive housing placement.
- FAIHR will work in collaboration with Steppingstone and Catholic Social Services housing programs to place participants in permanent supportive housing.
- Steppingstone's Outpatient team will provide on-site or office based substance abuse and co-occurring disorder treatment.



How Will FAIHR Help?

- FAIHR's ICFs and PS will work with each participant to develop an Individualized Recovery Plan.
- FAIHR will connect participants with outside providers to address chronic medical issues, including dental and primary care, education, training and employment.
- FAIHR participants will also have access to Steppingstone's Residential Substance Abuse Treatment Programs.

Steppingstone, Inc.
Individual Recovery Plan

Individual's Name _____ Date: _____ Recovery Coach _____

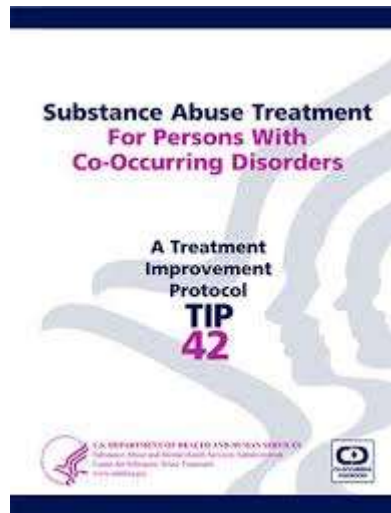
Life Domains	Individual Goals and Aspirations What do I want?	Resources, Strengths, and Skills What do I have access to or what have I used in the past?	Barriers and Problems What barriers or issues do I need to remove or overcome to achieve goals?
(1) Recovery from substance use or abuse			
(2) Housing			
(3) Employment and Education			



Evidence Based Practices

Project FAIHR will assist participants on their journey to permanent supportive housing and recovery through the utilization of the following Evidence Based Practices:

- Integrated Treatment for Co-Occurring Disorders
- Double Trouble In Recovery
- Seeking Safety
- Motivational Interviewing
- Peer Recovery Support



What Services Are Provided?

- Outreach and Engagement
- Brief Screenings for Substance Abuse Disorders and Co-Occurring Disorders
- Integrated Treatment for Co-Occurring Disorders
- Individualized Recovery Planning
- Assistance with obtaining Permanent Supportive Housing



What Services Are Provided?

- Connecting to Community Services and Resources
- Seeking Safety Groups and Trauma Informed Care
- Assistance in obtaining income and entitlements
- Employment readiness education and referrals
- Connecting to self-help groups
- Discharge and Aftercare Planning



Project FAIHR Goals

- Improve Fall River's long-term capacity to improve outcomes for the homeless population
- Provide integrated treatment for chronically homeless individuals and families and chronically homeless and homeless veterans
- Improve outreach and engagement
- Increase symptom management



Project FAIHR Goals

- Increase level of functioning and social connectedness in the community
- Provide permanent housing and increase housing stability
- Increase or maintain income and obtain and retain employment
- Obtain adequate healthcare
- Decrease nicotine use, recidivism and criminality rate



Visit us at:

Steppingstoneinc.org/sf.html

and

FirstStepInn.org

