

# Fall River Fitness Challenge

## 2012 Calendar

### January

S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### February

S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

### March

S	M	T	W	TH	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### April

S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### May

S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Funded by Fall River Partners for a Healthier Community

## DATES TO REMEMBER

### JANUARY

- 7 Sign-up and Health Fair  
10:00am - 1:00pm  
Kuss Middle School  
CD REC
- 14 Indoor Winter Market  
CD REC
- 18 Challenge - YMCA
- 18-22 Weigh-in week
- 21 Challenge- Bundle-up  
Boardwalk

### FEBRUARY

- 1 Challenge - General Fitness
- 1-5 Weigh-in week
- 4 Challenge- Bundle-up  
Boardwalk
- 11 Indoor Winter Market  
CD REC
- 15 Challenge - YMCA
- 15-19 Weigh-in week
- 18 Challenge- 5K Walk/Jog  
Giunta Route
- 29 Challenge - General Fitness
- 29-4 Weigh-in week

### MARCH

- 1-4 Weigh-in week
- 3 Challenge- 5K Walk/Jog  
Giunta Route
- 10 Indoor Winter Market  
CD REC
- 14 Challenge - YMCA
- 14-18 Weigh-in week
- 17 Challenge-Kennedy Park
- 28 Challenge - General Fitness
- 28-1 Weigh-in week
- 31 Challenge-Kennedy Park

### APRIL

- 1 5K Giunta Race
- 11 Challenge - YMCA
- 11-15 Weigh-in week
- 14 Challenge- Seven Hills
- 14 Indoor Winter Market  
CD REC
- 25 Challenge - General Fitness
- 25-29 Weigh-in week
- 28 Challenge- Seven Hills

### MAY

- 9 Challenge - YMCA
- 9-13 Weigh-in week
- 12 Challenge- Seven Hills  
Surprise!
- 12 Indoor Winter Market  
CD REC
- 18 Fitness Challenge Finale!  
Eagle Performing Arts Ctr.  
6:00 pm \$10 per ticket

In case of inclement weather,  
outdoor Challenges will be held at  
CD Recreation  
72 Bank Street

### QUESTIONS

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Challenge

