

Summary of the Substance Abuse Prevention Task Force Strategic Planning Session

Tuesday February 23, 2016, St. Anne's Hospital, Fall River

Participants: Melissa Kachapis (Stepppingstone), Paul Gagnon (SBMH), Melissa Jodat (SBMH), Ronald Audette (St. Anne's Hospital), Connie Rocha-Mimoso (Seven Hills BH), Rachel Levesque (Stepppingstone), Lynn Ladicola (community member), Mike Aguiar (City of Fall River), Laura Washington (SSTAR-BOLD), Nic Charest (SSTAR-BOLD), April Cabrera (Bristol County DA), Tracy Ibboston (St Anne's), Rachel Davis (Southcoast), Stephanie Perry (St Anne's), Mike Coughlin (PHC), Chasity Armstrong-Menard ((FRP), Wendy _____ (Southcoast), Jessica Koelsch (Mass TAPP)

Overview

The Substance Abuse Prevention Task Force of Partners for a Healthier Community of Greater Fall River held a strategic planning session on substance abuse prevention in our communities on February 23, 2016 at St. Anne's Hospital in the Nannery Conference Room located at 795 Middle Street in Fall River, from 1 to 5 p.m. The meeting served to bring together various stakeholders in the community to review current strategies and solicit ideas for potential ways to approach the ongoing Opioid crisis in our communities. The group reviewed and assessed the long term substance abuse goals identified in our 2014-2019 Action Plan (<http://www.gfrpartners.com/2014-2019ActionPlan.html>), selected two of these goals for priority attention in the work plan for 2016, and identified achievable objectives to move toward reaching those goals.

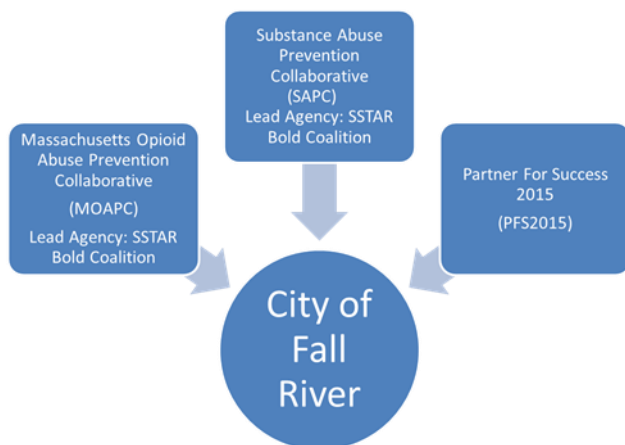
Mission and Vision

The participants approved the following mission and vision for the Task Force:

Mission: To expand on collaborative efforts within Greater Fall River that reduce substance abuse through coordinated education, awareness, prevention, and intervention strategies.

Vision: To create a healthy and drug-free Greater Fall River community.

Citywide Substance Abuse Initiatives



MOAPC: A local partnership between the City of Fall River, SSTAR, and community stakeholders, The Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) grant program is part of a comprehensive approach to substance abuse prevention in Massachusetts. Its aim is to implement local policy, practice, systems, and environmental change for three key purposes:

- To prevent the misuse and abuse of opioids (including first use).
- To prevent and reduce unintentional deaths and nonfatal hospital events associated with opioid poisonings.
- To increase both the number and the capacity of municipalities across the Commonwealth addressing these issues by providing support for groups who are entering into long-term agreements to share resources and coordinate activities.

SAPC: Coordinated by SSTAR, the Substance Abuse Prevention Collaborative (SAPC) grant program is part of a comprehensive approach to substance misuse and abuse prevention in Massachusetts that includes the Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) grant program and SAMHSA's Partnerships for Success (PFS) 2015 grant programs. This program emphasizes the integration of SAMHSA's Strategic Prevention Framework (SPF) model into overall prevention systems, to ensure a consistent data-driven planning process across the Commonwealth focused on implementing culturally competent and sustainable strategies and interventions that will have a measurable effect on preventing and reducing underage drinking and other drug use in Fall River.

Partner for Success 2015: A capacity building grant based on SAMHSA's SPF and focused on adolescents and young adults, the project is coordinated by the City of Fall River and SSTAR to address prescription drug misuse and abuse among persons ages 12 to 25.

Current Five Year Goals/Selection of Two Priorities for 2016

The following goals are based on the original substance abuse related goals in the Partners for a Healthier Community 2014-2019 strategic plan and revised by members of the task force for consideration at this planning session:

- Prevent further increase of heroin related overdoses by increasing access to overdose prevention tools such as Narcan (naloxone)
- Increase supportive substance abuse prevention, intervention and treatment (information and resources) for youth (and parents)
- Support educators in responding to youth substance abuse through specialized opportunities for training and linkage to available resources
- Develop/implement supports that address existing gaps in services for individuals with substance use disorder and their families

Through a facilitated process participants reached consensus that priorities for the coming year would be:

- 1) Develop/implement supports that address existing gaps in services for individuals with substance use disorder and their families.
- 2) Support educators in responding to youth substance abuse through specialized opportunities for training and linkage to available resources

Objectives and Strategies for Priority Goals

Participants formed two working groups to develop SMART objectives for the two priority goals:

[SMART = Specific Measureable Achievable Realistic Time-oriented]

- 1) Develop/implement supports that address existing gaps in services for individuals with substance use disorder and their families.

Objective	Action	Who	When
Increase Resources for Sibling Support Services: Middle School, High School, College Age (UMASS,BCC)	Determine Need: focus groups, outreach, surveys develop a consistent model, utilize Parent Academy classes, "If Only" film	UMASS-Nursing, student support BCC-Health Services; Five FR High Schools, Morton and Talbot Middle Schools	begin spring/summer 2016to develop tools; conduct surveys fall 2016
Increase and Develop Supports for Pregnant Moms	work with MAT and providers to increase services; "What to Expect"; promote BSAS SEN/video series; work to build suboxone prescriber capacity	SEN committee, Obs, midwives, MAT providers, Lifeline, Habit Opco;	imminent, use video when ready
Bring Learn to Cope to Fall River	promote and support LtoC when established	SAPTF	ongoing
Continue to research how to increase availability and utilization of suboxone and vivitrol - developmental	ancillary treatment-importance of counseling and support	SAPTF	ongoing

- 2) Support educators in responding to youth substance abuse through specialized opportunities for training and linkage to available resources

Provide direct support to ongoing efforts to educate youth on substance abuse	Support BDA's "Engaging Youth in Opiate Prevention Train the Trainer	SAPTF and allied coalitions	DA event: 5/4/16
	Support Schools in implementing Like Skills-- professional development for school staff; seek school representation in coalition meetings	FRPS participation - administrators, guidance counselors, teachers,	LifeSkills: 2016-2017 school yr; seek collaboration with FRPS ASAP
	Develop Model Drug Policy for all area schools	SAPTF and allied coalitions	Sep-16
Create Greater Social Media Presence for Substance Abuse Prevention activities in FR	develop and implement communications strategy	SAPTF and allied coalitions	spring 2016
Enhance parent education	utilize Parent Academy	SAPTF and allied coalitions	ongoing

Next Steps

The results of today's session will be compiled and sent out for review and finalized at the next meeting of the Substance Abuse Prevention Task Force: Wed. March 16 Charlton Memorial Hospital, Elizabeth House, _____ (room)

To complement the planned activities the Task Force will develop a communications strategy that will include publicizing the plans outlined at this planning session.

Extra Notes Group 1 (Support families etc)

- Siblings and children who have family members with SUDs – How to talk to children, when, and what form should it take?
- Children who have lost parents due to OD
- Stigma
- College-age students-support
- Parentification of children
- Speaking/educating support group for media
- Partnerships with FSA, C&FS, for ongoing support, including suboxone availability
- Peer support and mentorship
- CBA – supports for the forgotten child
- “if only” video
- SEN/NAS

Extra Notes group 2 (supporting youth etc)

Youth Serving Providers

- Teachers
- Coaches
- Clergy
- Professors
- Physicians
- Other youth

What types of support?